

- (1) Course: Christian Life Planning (Senior Religion Elective)
 Instructor: Steve Zellmer
 Textbooks: New International Version of the Bible and a Teacher Produced Booklet
- (2) Course Purpose: The main purpose of this course is to give high school students the opportunity to apply the abiding principles of God’s Word to their lives and integrate those principles into a meaningful, personal and **distinctively Christian** life plan.



- (3) Course Outcomes:
- The students will complete a series of activities and projects that will require them to evaluate, defend and articulate their important beliefs about the Christian life and how it should be lived as a thanks-response to God. Major projects are as follows:
 - ***Lifeline Past*** (How might my past impact my future?)
 - ***Lifeline Future*** (What might the future hold?) including the following components:
 - Mission Statement
 - Decision Making Steps
 - Relevant passages for the various stages of life
 - A Prayer for God’s Blessing
 - The students will examine Sean Covey’s *Seven Habits for Highly Effective Teens* and take them “captive” to the Word of God. Specifically students will carry out the following:
 - *Discover* and *implement* habits that, with God’s help, will make them more effective individuals (Habits 1-3,7).
 - *Explore* and *put into action* habits that, with God’s help, will enable them to be more effective in working with others (Habits 4-6).
 - To help the students understand that they are “individually formed creatures of their Maker and Redeemer, who represent Him by using their unique blessings of time, gifts and money for the welfare of others in a complex, culturally diverse, rapidly changing global society,” they will participate in the following activities:

- Personality type assessment
 - Spiritual gifts inventory
 - Creation of a lifeline that reflects their past
 - Creation of a lifeline that projects a future scenario for their life.
- The students will apply Scriptural principles to the important issues of their lives.
 - The students will understand the Bible's teachings on spiritual gifts and ministry.

(4) Course Goals:

The students will

- Appreciate God's guiding hand in their past, present and future.
- Value their experiences and endowments as indicators of God's purpose for their time of grace.
- Offer their lives for lifelong Christian service.
- Evaluate life situations based on God's Word by "taking captive every thought to make it obedient to Christ" (2 Corinthians 10:5b), making decisions guided by God's will and with God's help carry out those decisions.
- Embrace principles that will enable them to be effective managers of their person, performance and possessions.
- Appreciate the practical nature of the book of Proverbs and return to it again and again in their lives for guidance in carrying out their life plans in a God pleasing way.
- Remember who they are in Jesus as well as their ultimate destiny – heaven.

(5) Course Outline

Unit: Content/concept/skill	Range of Days	Source(s)	Performance assessment	School Outcomes	Department Outcomes
<p>Component 1 – Exploring My Life and Christ-Identity</p> <p>The students will</p> <ul style="list-style-type: none"> • <i>Read and discuss</i> the Book of Proverbs and <i>apply</i> its wisdom to their lives [Note: This is carried out on a daily basis throughout the quarter.] • <i>Examine</i> the course of their lives to date and <i>Plot</i> the major events of their lives (<i>Lifeline Past</i> assignment) • <i>Share</i> their <i>Lifeline Past</i> with the class noting and explaining the life impacting people and events of their lives • <i>Evaluate</i> how past experiences may play into God’s future plans for them • <i>Explore</i> and <i>Critique</i> in the light of God’s Word a variety of paradigms of life • <i>Assess critically</i> the following life-centers: <ul style="list-style-type: none"> ○ Friend-centeredness ○ Material things-centeredness ○ Boyfriend/Girlfriend-centeredness ○ School-centeredness ○ Parent-centeredness ○ Sports/hobbies-centeredness ○ Hero-centeredness ○ Enemy-centeredness ○ Work-centeredness (workaholism) ○ Self-centeredness ○ Principle-centeredness • <i>Investigate</i> their Christ-identity based upon the information in the Scriptures—primarily the book of Ephesians (<i>Christ-Identity</i> Assignment) • <i>Contrast</i> the life-centers listed above to the Christ-centered life 	<p>10-12</p>	<p><i>Christ-Centered Living for Teens</i> by Dennis Sullivan</p> <p><i>The Seven Habits of Highly Effective Teens</i> by Sean Covey</p> <p><i>The Seven Habits of Highly Effective People</i> by Stephen Covey</p>	<ul style="list-style-type: none"> • Chart: Favorite Proverbs • Assignment: <i>My Christ Identity</i> • Project: <i>Lifeline Past</i> • Presentation: <i>Lifeline Past</i> • Contribution to class discussions 	<p>1</p> <p>2</p> <p>3</p> <p>4</p> <p>5</p> <p>6</p>	<p>Goals</p> <p>1.1,2,3,4,5</p> <p>2.1.2.3</p> <p>3.1,2</p> <p>4.1</p> <p>5.2</p> <p>7.2,3,4,6,7</p> <p>Outcomes</p> <p>1.1,2</p> <p>2.1,2</p> <p>3.1</p> <p>4.1</p> <p>5.2</p>

Unit: Content/concept/skill	Range of Days	Source(s)	Performance assessment	School Outcomes	Department Outcomes
<p>Component Two: Exploring My Uniqueness and Potential</p> <p>The students will</p> <ul style="list-style-type: none"> • <i>Scrutinize</i> the paradigms, attitudes and actions that impact positively and negatively on one’s self image with emphasis on “Remembering who you are in Jesus” • <i>Analyze</i> their personalities type/temperament by doing the following: <ul style="list-style-type: none"> ○ <i>Discovering</i> how others view them—their strengths and weaknesses ○ <i>Discovering</i> the personality type/temperament—strengths and weaknesses—based upon Myers Briggs Type Indicator • <i>Familiarize</i> themselves with the first three of <i>The Seven Habits of Highly Effective People</i> and “Take Them Captive” (2 Corinthians 10:5) to the Word of God. These habits are as follows: <ul style="list-style-type: none"> ○ Be Pro-Active ○ Begin with the End in Mind ○ Put First Things First • <i>Compose</i> a <i>Personal Mission Statement</i> • <i>Assess</i> their use of time • <i>Discover</i> and <i>Develop</i> basic time management principles and skills • <i>Identify</i> and <i>Categorize</i> spiritual gifts as well as <i>Explain</i> how these gifts are used in public and personal ministry • <i>Identify</i> people possessing the various spiritual gifts • <i>Discover</i> potential spiritual gifts by using Valleskey’s <i>Spiritual Gifts Analysis</i> • <i>Evaluate</i> their current personal ministry • <i>Envisage</i> their future personal ministry 	10-12	<p><i>Christ-Centered Living for Teens</i> by Dennis Sullivan</p> <p><i>The Seven Habits of Highly Effective Teens</i> by Sean Covey</p> <p>Myers-Briggs Type Indicator Materials</p> <p><i>Spiritual Gifts Analysis</i> by David Valleskey as found in the <i>Christlight</i> materials</p>	<ul style="list-style-type: none"> • Composition: <ul style="list-style-type: none"> <i>My Personal Mission Statement</i> • Test: Habits 1-3 • Contribution to class discussions 	<p>1</p> <p>2</p> <p>3</p> <p>4</p> <p>5</p> <p>6</p>	<p>Goals</p> <p>1.1,3,4,5</p> <p>2.1,2.3</p> <p>3.1,2</p> <p>4.1,2</p> <p>5.1,2</p> <p>7 (all)</p> <p>Outcomes</p> <p>1.1,2</p> <p>2.1,2</p> <p>3.1,4</p> <p>4.1,2</p> <p>5.1,2</p> <p>7.1</p>

Unit: Content/concept/skill	Range of Days	Source(s)	Performance assessment	School Outcomes	Department Outcomes
<p>Component Three: Exploring My Relationships</p> <ul style="list-style-type: none"> • <i>Familiarize</i> themselves with the final four of <i>The Seven Habits of Highly Effective People</i> and “Take Them Captive” (2 Corinthians 10:5) to the Word of God. These habits are as follows: <ul style="list-style-type: none"> ○ Think “Win/Win” ○ Seek First to Understand...Then to Be Understood ○ Synergize ○ Sharpen the Saw • <i>Develop</i> and <i>Employ</i> empathetic listening skills • <i>Appraise</i> the value of understanding personality types/temperaments and <i>Justify</i> their worth in improving interpersonal relationships at home and at the work place • <i>Understand</i> the value of “Sharpening the Saw” through physical, mental, social/emotional and most importantly spiritual renewal 	6-8	<p><i>Christ-Centered Living for Teens</i> by Dennis Sullivan</p> <p><i>The Seven Habits of Highly Effective Teens</i> by Sean Covey</p> <p><i>The Seven Habits of Highly Effective People</i> by Stephen Covey</p>	<ul style="list-style-type: none"> • Test: Habits 4-7 • Contribution to class discussions 	<p>1</p> <p>2</p> <p>3</p> <p>4</p> <p>5</p> <p>6</p>	<p>Goals</p> <p>1.1,2,3,4,5</p> <p>2.1,2</p> <p>3.1,2</p> <p>4.1,2</p> <p>5.2,4</p> <p>6.1</p> <p>7 (all)</p> <p>Outcomes</p> <p>1.1,2</p> <p>2.1,2</p> <p>3.1</p> <p>4.1</p> <p>5.2</p> <p>7.1</p>

Unit: Content/concept/skill	Range of Days	Source(s)	Performance assessment	School Outcomes	Department Outcomes
<p>Component 4 – Exploring My Future</p> <p>The students will</p> <ul style="list-style-type: none"> • <i>Study</i> and <i>Ponder</i> the life stages of adults • <i>Identify</i> life’s stresses and <i>Develop</i> God-pleasing strategies for dealing with these stresses • <i>Review</i> the course of their past life, <i>Consider</i> their present development and <i>Predict</i> a scenario for their future by completing a <i>Lifeline Future</i> which will have the following components: <ul style="list-style-type: none"> ○ <i>Personal Mission Statement</i> ○ <i>Decision Making Strategies</i> ○ Future events ○ <i>A Prayer for God’s Blessings</i> • <i>Share</i> their <i>Lifeline Future</i> with the class • <i>Recognize</i> and <i>trust</i> that our times are indeed in God’s hands <p>[Note: The <i>Lifeline Future</i> is the Culminating Activity for this course.]</p>	10-12	<i>Christ-Centered Living for Teens</i> by Dennis Sullivan	<ul style="list-style-type: none"> • Project: <i>Lifeline Future</i> • Presentation: <i>Lifeline Future</i> • Contribution to class discussions 	1 2 3 4 5 6	Goals 1.1,2,3,4,5 2.1,2,3 3.1,2 4.1,2,5,6 5.2,3,4 6.1 7 (all) Outcomes 1.1,2 2.1,2 3.1 4.1,2 5.2,3 6.1 7.1

(6) Instructional Strategies:

- Power Point Presentations (Guided lecture with discussion) 50%
- Student Presentations 30%
- Student in Class Activities 20%

(7) Grading

- Major Assignments **50%**
 - *Lifeline* (Past) 25%
 - *Lifeline* (Future) 25%
- Minor Assignments **10%**
- Tests **20%**
- Proverbs Study **10%**
- Class Contribution **10%**

Appendix
Christian Life Planning
Steve Zellmer

Component One: Exploring My Life and Christ-Identity - WLHS Religion Department Goals and Outcomes (Note: Highlighted Items pertain to this unit.)

GOALS	OUTCOMES
Selfless lovers who	Selfless lovers who
1.1 Are motivated by Jesus' love	1.1 Submit themselves in service to our Lord
1.2 Forgive others	1.2 Offer themselves in service to others
1.3 Submit themselves in service to our Lord	
1.4 Value people	
1.5 Offer themselves in service to others	
God-centered thinkers who	God-centered thinkers who
2.1 Evaluate life situations based on God's Word	2.1 Evaluate life situations based on God's Word
2.2 Make decisions guided by God's will	2.2 Make decisions guided by God's will
2.3 Understand that life extends beyond this world(eternal life)	2.3 Live day by day aware of the reality of angels and demons
2.4 Live day by day aware of the reality of angels and demons	
Witnessing Christians who	Witnessing Christians who
3.1 Speak confidently, boldly, and clearly about their Savior	3.1 Speak confidently, boldly, and clearly about their Savior
3.2 Act in a way that shows that Jesus is Lord of their life	3.2 Prepare to teach the next generation
3.3 Teach the next generation	3.3 Defend Christian truth and refute false doctrine
3.4 Defend Christian truth and refute false doctrine	3.4 Evaluate the possibility of serving in the full-time public ministry
3.5 Use Law and Gospel appropriately	
Maturing Christians who	Maturing Christians who
4.1 Read the Bible regularly	4.1 Read the Bible regularly
4.2 Pray often	4.2 Pray often
4.3 Continually commit to memory words and concepts from God's Word	4.3 Continually commit to memory words and concepts from God's Word
4.4 Participate in personal and family devotions	4.4 Participate in personal and family devotions
4.5 Lean on God's promises in times of trouble	
4.6 Persevere when tempted by Satan, society, and self	
Christian stewards who	Christian stewards who
5.1 Identify spiritual and personal gifts	5.1 Identify spiritual and personal gifts
5.2 Use daily their gifts of abilities, time, and possessions in service to God and others	5.2 Use daily their gifts of abilities, time, and possessions in service to God and others
5.3 Support the spread of the Gospel	5.3 Support the spread of the Gospel
5.4 Are content to be managers of God's resources	
Responsible family members who	Responsible family members who
6.1 Fulfill their God-given roles - As honoring son or daughter - As loving husband or submitting wife - As encouraging father or caring mother	6.1 Identify their God-given roles - As honoring son or daughter - As loving husband or submitting wife - As encouraging father or caring mother
Enthusiastic worshippers who	Enthusiastic worshippers who
7.1 Gather in worship with other believers	7.1 Participate in worship
7.2 Confess their sin	7.2 Recognizes the rationale for Confessional Lutheran liturgy
7.3 Believe the forgiveness God has given them	
7.4 Rejoice in God's grace	
7.5 Sing God's praises	
7.6 Commune regularly	
7.7 Live in their baptismal grace	

Appendix
Christian Life Planning
Steve Zellmer

Component Two: Exploring My Uniqueness and Potential - WLHS Religion Department Goals and Outcomes (Note: Highlighted Items pertain to this unit.)

GOALS	OUTCOMES
Selfless lovers who	Selfless lovers who
1.1 Are motivated by Jesus' love	1.1 Submit themselves in service to our Lord
1.2 Forgive others	1.2 Offer themselves in service to others
1.3 Submit themselves in service to our Lord	
1.4 Value people	
1.5 Offer themselves in service to others	
God-centered thinkers who	God-centered thinkers who
2.1 Evaluate life situations based on God's Word	2.1 Evaluate life situations based on God's Word
2.2 Make decisions guided by God's will	2.2 Make decisions guided by God's will
2.3 Understand that life extends beyond this world(eternal life)	2.3 Live day by day aware of the reality of angels and demons
2.4 Live day by day aware of the reality of angels and demons	
Witnessing Christians who	Witnessing Christians who
3.1 Speak confidently, boldly, and clearly about their Savior	3.1 Speak confidently, boldly, and clearly about their Savior
3.2 Act in a way that shows that Jesus is Lord of their life	3.2 Prepare to teach the next generation
3.3 Teach the next generation	3.3 Defend Christian truth and refute false doctrine
3.4 Defend Christian truth and refute false doctrine	3.4 Evaluate the possibility of serving in the full-time public ministry
3.5 Use Law and Gospel appropriately	
Maturing Christians who	Maturing Christians who
4.1 Read the Bible regularly	4.1 Read the Bible regularly
4.2 Pray often	4.2 Pray often
4.3 Continually commit to memory words and concepts from God's Word	4.3 Continually commit to memory words and concepts from God's Word
4.4 Participate in personal and family devotions	4.4 Participate in personal and family devotions
4.5 Lean on God's promises in times of trouble	
4.6 Persevere when tempted by Satan, society, and self	
Christian stewards who	Christian stewards who
5.1 Identify spiritual and personal gifts	5.1 Identify spiritual and personal gifts
5.2 Use daily their gifts of abilities, time, and possessions in service to God and others	5.2 Use daily their gifts of abilities, time, and possessions in service to God and others
5.3 Support the spread of the Gospel	5.3 Support the spread of the Gospel
5.4 Are content to be managers of God's resources	
Responsible family members who	Responsible family members who
6.1 Fulfill their God-given roles - As honoring son or daughter - As loving husband or submitting wife - As encouraging father or caring mother	6.1 Identify their God-given roles - As honoring son or daughter - As loving husband or submitting wife - As encouraging father or caring mother
Enthusiastic worshippers who	Enthusiastic worshippers who
7.1 Gather in worship with other believers	7.1 Participate in worship
7.2 Confess their sin	7.2 Recognizes the rationale for Confessional Lutheran liturgy
7.3 Believe the forgiveness God has given them	
7.4 Rejoice in God's grace	
7.5 Sing God's praises	
7.6 Commune regularly	
7.7 Live in their baptismal grace	

Appendix
Christian Life Planning
Steve Zellmer

Component Three: Exploring My Relationships - WLHS Religion Department Goals and Outcomes (Note: Highlighted Items pertain to this unit.)

GOALS	OUTCOMES
Selfless lovers who	Selfless lovers who
1.1 Are motivated by Jesus' love	1.1 Submit themselves in service to our Lord
1.2 Forgive others	1.2 Offer themselves in service to others
1.3 Submit themselves in service to our Lord	
1.4 Value people	
1.5 Offer themselves in service to others	
God-centered thinkers who	God-centered thinkers who
2.1 Evaluate life situations based on God's Word	2.1 Evaluate life situations based on God's Word
2.2 Make decisions guided by God's will	2.2 Make decisions guided by God's will
2.3 Understand that life extends beyond this world(eternal life)	2.3 Live day by day aware of the reality of angels and demons
2.4 Live day by day aware of the reality of angels and demons	
Witnessing Christians who	Witnessing Christians who
3.1 Speak confidently, boldly, and clearly about their Savior	3.1 Speak confidently, boldly, and clearly about their Savior
3.2 Act in a way that shows that Jesus is Lord of their life	3.2 Prepare to teach the next generation
3.3 Teach the next generation	3.3 Defend Christian truth and refute false doctrine
3.4 Defend Christian truth and refute false doctrine	3.4 Evaluate the possibility of serving in the full-time public ministry
3.5 Use Law and Gospel appropriately	
Maturing Christians who	Maturing Christians who
4.1 Read the Bible regularly	4.1 Read the Bible regularly
4.2 Pray often	4.2 Pray often
4.3 Continually commit to memory words and concepts from God's Word	4.3 Continually commit to memory words and concepts from God's Word
4.4 Participate in personal and family devotions	4.4 Participate in personal and family devotions
4.5 Lean on God's promises in times of trouble	
4.6 Persevere when tempted by Satan, society, and self	
Christian stewards who	Christian stewards who
5.1 Identify spiritual and personal gifts	5.1 Identify spiritual and personal gifts
5.2 Use daily their gifts of abilities, time, and possessions in service to God and others	5.2 Use daily their gifts of abilities, time, and possessions in service to God and others
5.3 Support the spread of the Gospel	5.3 Support the spread of the Gospel
5.4 Are content to be managers of God's resources	
Responsible family members who	Responsible family members who
6.1 Fulfill their God-given roles	6.1 Identify their God-given roles
- As honoring son or daughter	- As honoring son or daughter
- As loving husband or submitting wife	- As loving husband or submitting wife
- As encouraging father or caring mother	- As encouraging father or caring mother
Enthusiastic worshippers who	Enthusiastic worshippers who
7.1 Gather in worship with other believers	7.1 Participate in worship
7.2 Confess their sin	7.2 Recognizes the rationale for Confessional Lutheran liturgy
7.3 Believe the forgiveness God has given them	
7.4 Rejoice in God's grace	
7.5 Sing God's praises	
7.6 Commune regularly	
7.7 Live in their baptismal grace	

Appendix
Christian Life Planning
Steve Zellmer

Unit Four: Exploring My Future - WLHS Religion Department Goals and Outcomes (Note: Highlighted Items pertain to this unit.)

GOALS	OUTCOMES
Selfless lovers who	Selfless lovers who
1.1 Are motivated by Jesus' love	1.1 Submit themselves in service to our Lord
1.2 Forgive others	1.2 Offer themselves in service to others
1.3 Submit themselves in service to our Lord	
1.4 Value people	
1.5 Offer themselves in service to others	
God-centered thinkers who	God-centered thinkers who
2.1 Evaluate life situations based on God's Word	2.1 Evaluate life situations based on God's Word
2.2 Make decisions guided by God's will	2.2 Make decisions guided by God's will
2.3 Understand that life extends beyond this world(eternal life)	2.3 Live day by day aware of the reality of angels and demons
2.4 Live day by day aware of the reality of angels and demons	
Witnessing Christians who	Witnessing Christians who
3.1 Speak confidently, boldly, and clearly about their Savior	3.1 Speak confidently, boldly, and clearly about their Savior
3.2 Act in a way that shows that Jesus is Lord of their life	3.2 Prepare to teach the next generation
3.3 Teach the next generation	3.3 Defend Christian truth and refute false doctrine
3.4 Defend Christian truth and refute false doctrine	3.4 Evaluate the possibility of serving in the full-time public ministry
3.5 Use Law and Gospel appropriately	
Maturing Christians who	Maturing Christians who
4.1 Read the Bible regularly	4.1 Read the Bible regularly
4.2 Pray often	4.2 Pray often
4.3 Continually commit to memory words and concepts from God's Word	4.3 Continually commit to memory words and concepts from God's Word
4.4 Participate in personal and family devotions	4.4 Participate in personal and family devotions
4.5 Lean on God's promises in times of trouble	
4.6 Persevere when tempted by Satan, society, and self	
Christian stewards who	Christian stewards who
5.1 Identify spiritual and personal gifts	5.1 Identify spiritual and personal gifts
5.2 Use daily their gifts of abilities, time, and possessions in service to God and others	5.2 Use daily their gifts of abilities, time, and possessions in service to God and others
5.3 Support the spread of the Gospel	5.3 Support the spread of the Gospel
5.4 Are content to be managers of God's resources	
Responsible family members who	Responsible family members who
6.1 Fulfill their God-given roles	6.1 Identify their God-given roles
- As honoring son or daughter	- As honoring son or daughter
- As loving husband or submitting wife	- As loving husband or submitting wife
- As encouraging father or caring mother	- As encouraging father or caring mother
Enthusiastic worshippers who	Enthusiastic worshippers who
7.1 Gather in worship with other believers	7.1 Participate in worship
7.2 Confess their sin	7.2 Recognizes the rationale for Confessional Lutheran liturgy
7.3 Believe the forgiveness God has given them	
7.4 Rejoice in God's grace	
7.5 Sing God's praises	
7.6 Commune regularly	
7.7 Live in their baptismal grace	

